

## THE SUBSTITUTION RULE

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**Theorem 1** (Substitution Rule for Definite Integrals, page 411). *If  $g'$  is continuous on  $[a, b]$  and  $f$  is continuous on the range of  $g(x)$ , then*

$$\int_a^b f(g(x))g'(x)dx = \int_{g(a)}^{g(b)} f(x)dx . \quad (1)$$

*Exercise 1* (Section 5.5, #27). Find an antiderivative of the function  $f(x) = (x^2 + 1)(x^3 + 3x)^4$ .

*Solution.* Set  $u(x) = x^3 + 3x$ . Then  $u'(x) = 3(x^2 + 1)$ . Thus

$$\begin{aligned} \int (x^2 + 1)(x^3 + 3x)^4 dx &= \int \frac{1}{3}(x^3 + 3x)^4(3x^2 + 3) dx \\ &= \int \frac{1}{3}u^4 du \\ &= \frac{1}{15}u^5 + c \\ &= \frac{1}{15}(x^3 + 3x)^5 + c . \end{aligned}$$

□

*Exercise 2* (Section 5.5, #32). Find an antiderivative of the function  $f(x) = \frac{\sin(\ln x)}{x}$ .

*Solution.* Set  $u(x) = \ln x$ . Then  $u'(x) = \frac{1}{x}$ . Thus

$$\begin{aligned} \int \frac{\sin(\ln x)}{x} dx &= \int \sin u du \\ &= -\cos(u) + c \\ &= -\cos(\ln x) + c . \end{aligned}$$

□

*Exercise 3* (Section 5.5, #36). Find an antiderivative of the function  $f(x) = \frac{2^x}{2^x + 3}$ .

*Solution.* Set  $u(x) = 2^x + 3$ . Then  $u'(x) = (\ln 2)2^x$ . Thus

$$\begin{aligned} \int \frac{2^x}{2^x + 3} dx &= \int \frac{1}{\ln 2} \frac{1}{2^x + 3} ((\ln 2)2^x) dx \\ &= \int \frac{1}{\ln 2} \frac{1}{u} du \\ &= \frac{1}{\ln 2} \ln u + c \\ &= \frac{1}{\ln 2} \ln(2^x + 3) + c . \end{aligned}$$

□

*Exercise 4* (Section 5.5, #48). Find an antiderivative of the function  $f(x) = \frac{x}{1+x^4}$ .

*Solution.* Set  $u(x) = x^2$ . Then  $u'(x) = 2x$ . Thus

$$\begin{aligned} \int \frac{x}{1+x^4} dx &= \int \frac{1}{2} \frac{1}{1+(x^2)^2} (2x) dx \\ &= \int \frac{1}{2} \frac{1}{1+u^2} du \\ &= \frac{1}{2} \arctan(u) + c \\ &= \frac{1}{2} \arctan(x^2) + c. \end{aligned}$$

□

*Exercise 5* (Section 5.5, #60). Evaluate the definite integral

$$\int_0^1 x e^{-x^2} dx.$$

*Solution.* Set  $f(x) = x e^{-x^2}$ . We have  $f(x) = -\frac{1}{2} e^u u'$  where  $u(x) = -x^2$ . Thus  $-\frac{1}{2} e^u = -\frac{1}{2} e^{-x^2}$  is an antiderivative of  $f(x)$ . By the Fundamental Theorem of Calculus, we have

$$\int_0^1 x e^{-x^2} dx = \left( -\frac{1}{2} e^{-1^2} \right) - \left( -\frac{1}{2} e^{-0^2} \right) = -\frac{1}{2} e^{-1} + \frac{1}{2}.$$

□

*Exercise 6* (Section 5.5, #69). Evaluate the definite integral

$$\int_e^{e^4} \frac{1}{x\sqrt{\ln x}} dx.$$

*Solution.* Set  $f(x) = \frac{1}{x\sqrt{\ln x}}$ . We have  $f(x) = \frac{1}{\sqrt{u}} u'$  where  $u(x) = \ln x$ . Thus  $2\sqrt{u} = 2\sqrt{\ln x}$  is an antiderivative of  $f(x)$ . By the Fundamental Theorem of Calculus, we have

$$\int_e^{e^4} \frac{1}{x\sqrt{\ln x}} dx = (2\sqrt{\ln e^4}) - (2\sqrt{\ln e}) = (2 \cdot 2) - (2 \cdot 1) = 2.$$

□

*Exercise 7* (Section 5.5, #86). If  $f$  is continuous and  $\int_0^9 f(x) dx = 4$ , find  $\int_0^3 x f(x^2) dx$ .

*Solution.* Set  $h(x) = x f(x^2)$ . Then  $h(x) = \frac{1}{2} f(g(x)) g'(x)$  where  $g(x) = x^2$ . Thus

$$\int_0^3 h(x) dx = \int_0^3 \frac{1}{2} f(g(x)) g'(x) dx = \int_{g(0)}^{g(3)} \frac{1}{2} f(x) dx = \frac{1}{2} \int_0^9 f(x) dx = \frac{1}{2} 4 = 2.$$

□

*Exercise 8* (Section 5.5, #89). If  $a$  and  $b$  are positive numbers, show that

$$\int_0^1 x^a (1-x)^b dx = \int_0^1 x^b (1-x)^a dx.$$

*Proof.* Set  $f(x) = x^a(1-x)^b$ . Let  $g(x) = 1-x$ . Then

$$\begin{aligned} \int_0^1 x^a(1-x)^b dx &= - \int_{g(0)}^{g(1)} x^a(1-x)^b dx \\ &= - \int_0^1 (1-x)^a(1-(1-x))^b(-1) dx \\ &= \int_0^1 (1-x)^a x^b dx . \end{aligned}$$

□

*Exercise 9* (Section 5.5, #90,91). If  $f$  is continuous on  $[0, \pi]$ , use the substitution  $u = \pi - x$  to show that

$$\int_0^\pi x f(\sin x) dx = \frac{\pi}{2} \int_0^\pi f(\sin x) dx .$$

Use this to evaluate the integral

$$\int_0^\pi \frac{x \sin x}{1 + \cos^2 x} dx .$$

*Solution.* We have

$$\begin{aligned} \int_0^\pi x f(\sin x) dx &= - \int_{u(0)}^{u(\pi)} x f(\sin x) dx \\ &= - \int_0^\pi (\pi - x) f(\sin(\pi - x))(-1) dx \\ &= \int_0^\pi (\pi - x) f(\sin x) dx \quad \text{since} \quad \sin(\pi - x) = \sin x \\ &= \pi \int_0^\pi f(\sin x) dx - \int_0^\pi x f(\sin x) dx \end{aligned}$$

so

$$\int_0^\pi x f(\sin x) dx = \frac{\pi}{2} \int_0^\pi f(\sin x) dx .$$

Set  $f(x) = \frac{x}{2-x^2}$ . Then

$$\int_0^\pi \frac{x \sin x}{1 + \cos^2 x} dx = \int_0^\pi \frac{x \sin x}{2 - \sin^2 x} dx = \frac{\pi}{2} \int_0^\pi f(\sin x) dx = \frac{\pi}{2} \int_0^\pi \frac{\sin x}{1 + \cos^2 x} dx .$$

We can compute the last integral by substitution. Set  $u(x) = \cos x$ . Then

$$\begin{aligned} \int_0^\pi \frac{\sin x}{1 + \cos^2 x} dx &= \int_0^\pi \frac{-1}{1 + (\cos x)^2} (-\sin x) dx \\ &= \int_{u(0)}^{u(\pi)} -\arctan u du \\ &= \int_{-1}^1 \arctan u du \\ &= \frac{\pi}{2} . \end{aligned}$$

Thus

$$\int_0^\pi \frac{x \sin x}{1 + \cos^2 x} dx = \left(\frac{\pi}{2}\right)^2 .$$

□