## Norms on $\mathbb{R}^n$

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**Theorem 1.** All norms on  $\mathbb{R}^n$  are equivalent (even norms you never heard of). In other words if ||| and ||| are norms then there are positive constants a, b such that

$$a|||v||| \le ||v|| \le b|||v|||, \forall v \in \mathbb{R}.$$

*Proof.* Let || be any norm. We will prove that there are a > 0, b > 0 so that

$$a|||v||| < ||v||_2 < b|||v|||.$$

This will be good enough. First let  $v = x_1e_1 + x_2e_2 + \dots + x_ne_n$ , where  $\{e_1, e_2, \dots, e_n\}$  is a basis for  $\mathbb{R}^n$ . By the triangle inequality

$$||v|| \le \sum_{j} |x_j|||e_j||.$$

By Cauchy's inequality, for the inner product  $\sum_{j} |x_{j}| ||e_{j}||$ ,

$$\sum_{j} |x_{j}| ||e_{j}|| \le (\sum_{j} x_{j}^{2})^{1/2} (\sum_{j} ||e_{j}||^{2})^{1/2},$$

so

$$a||v|| \le ||v||_2$$
, where  $a = 1/((\sum_j ||e_j||^2)^{1/2})$ .

Next consider the function |||v||| on the set  $\sum_j x_j^2 = 1$ . Let m > 0 be its minimum. By what we have just proved the function  $v \to ||v||$  is continuous on  $\mathbb{R}^n$ , meaning that if  $||v_j||_2 \to 0$  then  $||v_j|| \to 0$ . Also the set  $v: ||v||_2 = 1$  is compact (closed and bounded). Now let v be any vector and let  $u = v/||v||_2 \in \mathbb{R}^n$ . Then  $||u||_2 = 1$  so  $|||u||| \ge m$ . Hence

$$|||v||| \ge m||v||_2$$
, or  $||v||_2 \le b|||v|||$ , where  $b = 1/m$ .