

Abel's Lemmas

Note Title

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1. Let $a_n \geq a_{n+1} \geq \dots \geq 0$, let $s_n = b_n$, $s_{n+1} = b_n + b_{n+1}$,
 $s_m = b_n + \dots + b_m$. Suppose $h \leq s_j \leq H$, $j = n, \dots, m$.
 Then

$$(*) \quad h a_n \leq a_n b_n + \dots + a_m b_m \leq H a_n$$

Proof:

$$\begin{aligned} a_n b_n + \dots + a_m b_m &= a_n s_n + a_{n+1} (s_{n+1} - s_n) + \dots + a_{m-1} (s_{m-1} - s_{m-2}) \\ &\quad + a_m (s_m - s_{m-1}) \\ &= s_n (a_n - a_{n+1}) + s_{n+1} (a_{n+1} - a_{n+2}) + \dots + s_{m-1} (a_{m-1} - a_m) \\ &\quad + s_m a_m \\ &\leq H (a_n - a_{n+1} + a_{n+1} - a_{n+2} + \dots + a_{m-1} - a_m + a_m) \\ &= H a_n \end{aligned}$$

The other inequality is similar.

2. Let $f(x) \geq 0$, $f'(x) \leq 0$, and f' continuous on $[c, d]$.

Let $\phi(x)$ be continuous on $[c, d]$. Let

$$\psi(\xi) = \int_c^\xi \phi(t) dt. \quad \text{Suppose } h \leq \psi(\xi) \leq H$$

for $\xi \in [c, d]$. Then

$$(**) \quad h f(c) \leq \int_c^d f(x) \phi(x) dx \leq H f(c).$$

Proof: Integrate by parts:

$$\int_c^d f(x) \phi(x) dx = \int_c^d f(x) d\psi(x) = f(x)\psi(x) \Big|_c^d - \int_c^d \psi(x) f'(x) dx.$$

$\psi(c) = 0$, and

$$- \int_c^d \psi(x) f'(x) dx \leq -h \int_c^d f'(x) dx = h(f(c) - f(d)).$$

$$\begin{aligned} \text{Hence } \int_c^d f(x) \phi(x) dx &\leq f(d)\psi(d) + h(f(c) - f(d)) \\ &= hf(c) + f(d)(\psi(d) - h) \\ &\leq hf(c). \end{aligned}$$

The proof of the other inequality is similar.