

# The proximal point method revisited\*

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## Abstract

In this short survey, I revisit the role of the proximal point method in large scale optimization. I focus on three recent examples: a proximally guided subgradient method for weakly convex stochastic approximation, the prox-linear algorithm for minimizing compositions of convex functions and smooth maps, and Catalyst generic acceleration for regularized Empirical Risk Minimization.

## 1 Introduction

The proximal point method is a conceptually simple algorithm for minimizing a function  $f$  on  $\mathbb{R}^d$ . Given an iterate  $x_t$ , the method defines  $x_{t+1}$  to be any minimizer of the proximal subproblem

$$\operatorname{argmin}_x \left\{ f(x) + \frac{1}{2\nu} \|x - x_t\|^2 \right\},$$

for an appropriately chosen parameter  $\nu > 0$ . At first glance, each proximal subproblem seems no easier than minimizing  $f$  in the first place. On the contrary, the addition of the quadratic penalty term often regularizes the proximal subproblems and makes them well conditioned. Case in point, the subproblem may become convex despite  $f$  not being convex; and even if  $f$  were convex, the subproblem has a larger strong convexity parameter thereby facilitating faster numerical methods.

Despite the improved conditioning, each proximal subproblem still requires invoking an iterative solver. For this reason, the proximal point method has predominantly been thought of as a theoretical/conceptual algorithm, only guiding algorithm design and analysis rather than being implemented directly. One good example is the proximal bundle method [41], which approximates each proximal subproblem by a cutting plane model. In the past few years, this viewpoint has undergone a major revision. In a variety of circumstances, the proximal point method (or a close variant) with a judicious choice of

the control parameter  $\nu > 0$  and an appropriate iterative method for the subproblems can lead to practical and theoretically sound numerical methods. In this article, I will briefly describe three recent examples of this trend:

- a subgradient method for weakly convex stochastic approximation problems [22],
- the prox-linear algorithm for minimizing compositions of convex functions and smooth maps [11, 16, 27, 29, 42, 52],
- Catalyst generic acceleration schema [43] for regularized Empirical Risk Minimization.

In this article, I will focus only on the proximal point method for minimizing functions, as outlined above. The proximal point methodology applies much more broadly to monotone operator inclusions; I refer the reader to the monograph of Bauschke and Combette [7] or the seminal work of Rockafellar [59].

## 2 Notation

The following two constructions will play a basic role in the article. For any closed function  $f$  on  $\mathbb{R}^d$ , the *Moreau envelope* and the *proximal map* are

$$f_\nu(z) := \inf_x \left\{ f(x) + \frac{1}{2\nu} \|x - z\|^2 \right\},$$
$$\operatorname{prox}_{\nu f}(z) := \operatorname{argmin}_x \left\{ f(x) + \frac{1}{2\nu} \|x - z\|^2 \right\},$$

respectively. In this notation, the proximal point method is simply the fixed-point recurrence on the proximal map:<sup>1</sup>

**Step  $t$ :** choose  $x_{t+1} \in \text{prox}_{\nu f}(x_t)$ .

Clearly, in order to have any hope of solving the proximal subproblems, one must ensure that they are convex. Consequently, the class of weakly convex functions forms the natural setting for the proximal point method.

**Definition 2.1.** A function  $f$  is called  $\rho$ -weakly convex if the assignment  $x \mapsto f(x) + \frac{\rho}{2}\|x\|^2$  is a convex function.

For example, a  $C^1$ -smooth function with  $\rho$ -Lipschitz gradient is  $\rho$ -weakly convex, while a  $C^2$ -smooth function  $f$  is  $\rho$ -weakly convex precisely when the minimal eigenvalue of its Hessian is uniformly bounded below by  $-\rho$ . In essence, weak convexity precludes functions that have downward kinks. For instance,  $f(x) := -\|x\|$  is not weakly convex since no addition of a quadratic makes the resulting function convex.

Whenever  $f$  is  $\rho$ -weakly convex and the proximal parameter  $\nu$  satisfies  $\nu < \rho^{-1}$ , each proximal subproblem is itself convex and therefore globally tractable. Moreover, in this setting, the Moreau envelope is  $C^1$ -smooth with the gradient

$$\nabla f_{\nu}(x) = \nu^{-1}(x - \text{prox}_{\nu f}(x)). \quad (2.1)$$

Rearranging the gradient formula yields the useful interpretation of the proximal point method as gradient descent on the Moreau envelope

$$x_{t+1} = x_t - \nu \nabla f_{\nu}(x_t).$$

In summary, the Moreau envelope  $f_{\nu}$  serves as a  $C^1$ -smooth approximation of  $f$  for all small  $\nu$ . Moreover, the two conditions

$$\|\nabla f_{\nu}(x_t)\| < \varepsilon$$

and

$$\|\nu^{-1}(x_t - x_{t+1})\| < \varepsilon,$$

are equivalent for the proximal point sequence  $\{x_t\}$ . Hence, the step-size  $\|x_t - x_{t+1}\|$  of the proximal point method serves as a convenient termination criteria.

<sup>1</sup>To ensure that  $\text{prox}_{\nu f}(\cdot)$  is nonempty, it suffices to assume that  $f$  is bounded from below.

## 2.1 Examples of weakly convex functions

Weakly convex functions are widespread in applications and are typically easy to recognize. One common source of weakly convex functions is the composite problem class:

$$\min_x F(x) := g(x) + h(c(x)), \quad (2.2)$$

where  $g: \mathbb{R}^d \rightarrow \mathbb{R} \cup \{+\infty\}$  is a closed convex function,  $h: \mathbb{R}^m \rightarrow \mathbb{R}$  is convex and  $L$ -Lipschitz, and  $c: \mathbb{R}^d \rightarrow \mathbb{R}^m$  is a  $C^1$ -smooth map with  $\beta$ -Lipschitz gradient. An easy argument shows that  $F$  is  $L\beta$ -weakly convex. This is a worst case estimate. In concrete circumstances, the composite function  $F$  may have a much more favorable weak convexity constant (e.g., phase retrieval [30, Section 3.2]).

**Example 2.1** (Additive composite). The most prevalent example is additive composite minimization. In this case, the map  $c$  maps to the real line and  $h$  is the identity function:

$$\min_x c(x) + g(x). \quad (2.3)$$

Such problems appear often in statistical learning and imaging. A variety of specialized algorithms are available; see for example Beck and Teboulle [8] or Nesterov [53].

**Example 2.2** (Nonlinear least squares). The composite problem class also captures nonlinear least squares problems with bound constraints:

$$\min_x \|c(x)\|_2 \quad \text{subject to} \quad l_i \leq x_i \leq u_i \quad \forall i.$$

Such problems pervade engineering and scientific applications.

**Example 2.3** (Exact penalty formulations). Consider a nonlinear optimization problem:

$$\min_x \{f(x) : G(x) \in \mathcal{K}\},$$

where  $f$  and  $G$  are smooth maps and  $\mathcal{K}$  is a closed convex cone. An accompanying *penalty formulation* – ubiquitous in nonlinear optimization – takes the form

$$\min_x f(x) + \lambda \cdot \text{dist}_{\mathcal{K}}(G(x)),$$

where  $\text{dist}_{\mathcal{K}}(\cdot)$  is the distance to  $\mathcal{K}$  in some norm. Historically, exact penalty formulations served as the early motivation for the class (2.2).

**Example 2.4** (Robust phase retrieval). Phase retrieval is a common computational problem, with applications in diverse areas, such as imaging, X-ray crystallography, and speech processing. For simplicity, I will focus on the version of the problem over the reals. The (real) phase retrieval problem seeks to determine a point  $x$  satisfying the magnitude conditions,

$$|\langle a_i, x \rangle| \approx b_i \quad \text{for } i = 1, \dots, m,$$

where  $a_i \in \mathbb{R}^d$  and  $b_i \in \mathbb{R}$  are given. Whenever there are gross outliers in the measurements  $b_i$ , the following robust formulation of the problem is appealing [21, 30, 32]:

$$\min_x \frac{1}{m} \sum_{i=1}^m |\langle a_i, x \rangle^2 - b_i^2|.$$

Clearly, this is an instance of (2.2). For some recent perspectives on phase retrieval, see the survey [44]. There are numerous recent nonconvex approaches to phase retrieval, which rely on alternate problem formulations; e.g., [13, 19, 64].

**Example 2.5** (Robust PCA). In robust principal component analysis, one seeks to identify sparse corruptions of a low-rank matrix [12, 18]. One typical example is image deconvolution, where the low-rank structure models the background of an image while the sparse corruption models the foreground. Formally, given a  $m \times n$  matrix  $M$ , the goal is to find a decomposition  $M = L + S$ , where  $L$  is low-rank and  $S$  is sparse. A common formulation of the problem reads:

$$\min_{U \in \mathbb{R}^{m \times r}, V \in \mathbb{R}^{n \times r}} \|UV^T - M\|_1,$$

where  $r$  is the target rank.

**Example 2.6** (Censored  $\mathbb{Z}_2$  synchronization). A synchronization problem over a graph is to estimate group elements  $g_1, \dots, g_n$  from pairwise products  $g_i g_j^{-1}$  over a set of edges  $ij \in E$ . For a list of application of such problem see [1, 5, 63], and references therein. A simple instance is  $\mathbb{Z}_2$

synchronization, corresponding to the group on two elements  $\{-1, +1\}$ . The popular problem of detecting communities in a network, within the Binary Stochastic Block Model (SBM), can be modeled using  $\mathbb{Z}_2$  synchronization.

Formally, given a partially observed matrix  $M$ , the goal is to recover a vector  $\theta \in \{\pm 1\}^d$ , satisfying  $M_{ij} \approx \theta_i \theta_j$  for all  $ij \in E$ . When the entries of  $M$  are corrupted by adversarial sign flips, one can postulate the following formulation

$$\min_{\theta \in \mathbb{R}^d} \|P_E(\theta\theta^T - M)\|_1,$$

where the operator  $P_E$  records the entries indexed by the edge set  $E$ . Clearly, this is again an instance of (2.2).

### 3 The proximally guided subgradient method

As the first example of contemporary applications of the proximal point method, consider the problem of minimizing the expectation:<sup>2</sup>

$$\min_{x \in \mathbb{R}^d} F(x) = \mathbb{E}_{\zeta} f(x, \zeta).$$

Here,  $\zeta$  is a random variable, and the only access to  $F$  is by sampling  $\zeta$ . It is difficult to overstate the importance of this problem class (often called *stochastic approximation*) in large-scale optimization; see e.g. [6, 9].

When the problem is convex, the stochastic subgradient method [47, 56, 58] has strong theoretical guarantees and is often the method of choice. In contrast, when applied to nonsmooth and nonconvex problems, the behavior of the method is poorly understood. The recent paper [22] shows how to use the proximal point method to guide the subgradient iterates in this broader setting, with rigorous guarantees.

Henceforth, assume that the function  $x \mapsto f(x, \zeta)$  is  $\rho$ -weakly convex and  $L$ -Lipschitz for each  $\zeta$ . Davis and Grimmer [22] proposed the scheme outlined in Algorithm 1.

<sup>2</sup>For simplicity of the exposition, the minimization problem is unconstrained. Simple constraints can be accommodated using a projection operation.

**Algorithm 1:** Proximally guided stochastic subgradient method

**Data:**  $x_0 \in \mathbb{R}^d$ ,  $\{j_t\} \subset \mathbb{N}$ ,  $\{\alpha_j\} \subset \mathbb{R}_{++}$   
**for**  $t=0, \dots, T$  **do**  
    Set  $y_0 = x_t$ ;  
    **for**  $j = 0, \dots, j_t - 2$  **do**  
        Sample  $\zeta$  and choose  
         $v_j \in \partial(f(\cdot, \zeta) + \rho \|\cdot - x_t\|^2)(y_j)$ ;  
         $y_{j+1} = y_j - \alpha_j v_j$   
    **end**  
     $x_{t+1} = \frac{1}{j_t} \sum_{j=0}^{j_t-1} y_j$   
**end**

The method proceeds by applying a proximal point method with each subproblem approximately solved by a stochastic subgradient method. The intuition is that each proximal subproblem is  $\rho/2$ -strongly convex and therefore according to well-known results (e.g. [36,38,39,57]), the stochastic subgradient method should converge at the rate  $O(\frac{1}{T})$  on the subproblem, in expectation. This intuition is not quite correct because the objective function of the subproblem is not globally Lipschitz – a key assumption for the  $O(\frac{1}{T})$  rate. Nonetheless, the authors show that warm-starting the subgradient method for each proximal subproblem with the current proximal iterate corrects this issue, yielding a favorable guarantees [22, Theorem 1].

To describe the rate of convergence, set  $j_t = t + \lceil 648 \log(648) \rceil$  and  $\alpha_j = \frac{2}{\rho(j+49)}$  in Algorithm 1. Then the scheme will generate an iterate  $x$  satisfying

$$\mathbb{E}_{\zeta}[\|\nabla F_{2\rho}(x)\|^2] \leq \varepsilon$$

after at most

$$O\left(\frac{\rho^2(F(x_0) - \inf F)^2}{\varepsilon^2} + \frac{L^4 \log^4(\varepsilon^{-1})}{\varepsilon^2}\right)$$

subgradient evaluations. This rate agrees with analogous guarantees for stochastic gradient methods for smooth nonconvex functions [34]. It is also worth noting that convex constraints on  $x$  can be easily incorporated into Algorithm 1

by introducing a nearest-point projection in the definition of  $y_{j+1}$ .

## 4 The prox-linear algorithm

For well-structured weakly convex problems, one can hope for faster numerical methods than the subgradient scheme. In this section, I will focus on the composite problem class (2.2). To simplify the exposition, I will assume  $L = 1$ , which can always be arranged by rescaling.

Since composite functions are weakly convex, one could apply the proximal point method directly, while setting the parameter  $\nu \leq \beta^{-1}$ . Even though the proximal subproblems are strongly convex, they are not in a form that is most amenable to convex optimization techniques. Indeed, most convex optimization algorithms are designed for minimizing a sum of a convex function and a composition of a convex function with a *linear* map. This observation suggests introducing the following modification to the proximal-point algorithm. Given a current iterate  $x_t$ , the *prox-linear method* sets

$$x_{t+1} = \underset{x}{\operatorname{argmin}}\{F(x; x_t) + \frac{\beta}{2}\|x - x_t\|^2\},$$

where  $F(x; y)$  is the local convex model

$$F(x; y) := g(x) + h(c(y) + \nabla c(y)(x - y)).$$

In other words, each proximal subproblem is approximated by linearizing the smooth map  $c$  at the current iterate  $x_t$ .

The main advantage is that each subproblem is now a sum of a strongly convex function and a composition of a Lipschitz convex function with a linear map. A variety of methods utilizing this structure can be formally applied; e.g. smoothing [51], saddle-point [17, 46], and interior point algorithms [49, 66]. Which of these methods is practical depends on the specifics of the problem, such as the size and the cost of vector-matrix multiplications.

It is instructive to note that in the simplest setting of additive composite problems (Example 2.1), the prox-linear method reduces to the popular proximal-gradient algorithm or ISTA

[8]. For nonlinear least squares, the prox-linear method is a close variant of Gauss-Newton.

Recall that the step-size of the proximal point method provides a convenient stopping criteria, since it directly relates to the gradient of the Moreau envelope – a smooth approximation of the objective function. Is there such an interpretation for the prox-linear method? This question is central, since termination criteria is not only used to stop the method but also to judge its efficiency and to compare against competing methods.

The answer is yes. Even though one can not evaluate the gradient  $\|\nabla F_{\frac{1}{2\beta}}\|$  directly, the scaled step-size of the prox-linear method

$$\mathcal{G}(x) := \beta(x_{t+1} - x_t)$$

is a good surrogate [29, Theorem 4.5]:

$$\frac{1}{4}\|\nabla F_{\frac{1}{2\beta}}(x)\| \leq \|\mathcal{G}(x)\| \leq 3\|\nabla F_{\frac{1}{2\beta}}(x)\|.$$

In particular, the prox-linear method will find a point  $x$  satisfying  $\|\nabla F_{\frac{1}{2\beta}}(x)\|^2 \leq \varepsilon$  after at most  $O\left(\frac{\beta(F(x_0) - \inf F)}{\varepsilon}\right)$  iterations. In the simplest setting when  $g = 0$  and  $h(t) = t$ , this rate reduces to the well-known convergence guarantee of gradient descent, which is black-box optimal for  $C^1$ -smooth nonconvex optimization [15].

It is worthwhile to note that a number of improvements to the basic prox-linear method were recently proposed. The authors of [16] discuss trust region variants and their complexity guarantees, while [31] propose stochastic extensions of the scheme and prove almost sure convergence. The paper [29] discusses overall complexity guarantees when the convex subproblems can only be solved by first-order methods, and proposes an inertial variant of the scheme whose convergence guarantees automatically adapt to the near-convexity of the problem.

#### 4.1 Local rapid convergence

Under typical regularity conditions, the prox-linear method exhibits the same types of rapid convergence guarantees as the proximal point method. I will illustrate with two intuitive and

widely used regularity conditions, yielding local linear and quadratic convergence, respectively.

**Definition 4.1** ([55]). A local minimizer  $\bar{x}$  of  $F$  is  $\alpha$ -tilt-stable if there exists  $r > 0$  such that the solution map

$$M : v \mapsto \operatorname{argmin}_{x \in B_r(\bar{x})} \{F(x) - \langle v, x \rangle\}$$

is  $1/\alpha$ -Lipschitz around 0 with  $M(0) = \bar{x}$ .

This condition might seem unfamiliar to convex optimization specialist. Though not obvious, tilt-stability is equivalent to a uniform quadratic growth property and a subtle localization of strong convexity of  $F$ . See [26] or [28] for more details on these equivalences. Under the tilt-stability assumption, the prox-linear method initialized sufficiently close to  $\bar{x}$  produces iterates that converge at a linear rate  $1 - \alpha/\beta$ .

The second regularity condition models sharp growth of the function around the minimizer. Let  $S$  be the set of all stationary points of  $F$ , meaning  $x$  lies in  $S$  if and only if the directional derivative  $F'(x; v)$  is nonnegative in every direction  $v \in \mathbb{R}^d$ .

**Definition 4.2** ([10]). A local minimizer  $\bar{x}$  of  $F$  is *sharp* if there exists  $\alpha > 0$  and a neighborhood  $\mathcal{X}$  of  $\bar{x}$  such that

$$F(x) \geq F(\operatorname{proj}_S(x)) + c \cdot \operatorname{dist}(x, S) \quad \forall x \in \mathcal{X}.$$

Under the sharpness condition, the prox-linear method initialized sufficiently close to  $\bar{x}$  produces iterates that converge quadratically.

For well-structured problems, one can hope to justify the two regularity conditions above under statistical assumptions. The recent work of Duchi and Ruan on the phase retrieval problem [30] is an interesting recent example. Under mild statistical assumptions on the data generating mechanism, sharpness is assured with high probability. Therefore the prox-linear method (and even subgradient methods [21]) converge rapidly, when initialized within a constant relative distance of an optimal solution.

## 5 Catalyst acceleration

The final example concerns inertial acceleration in convex optimization. Setting the groundwork, consider a  $\mu$ -strongly convex function  $f$  with a  $\beta$ -Lipschitz gradient map  $x \mapsto \nabla f(x)$ . Classically, gradient descent will find a point  $x$  satisfying  $f(x) - \min f < \varepsilon$  after at most

$$O\left(\frac{\beta}{\mu} \ln(1/\varepsilon)\right)$$

iterations. Accelerated gradient methods, beginning with Nesterov [50], equip the gradient descent method with an inertial correction. Such methods have the much lower complexity guarantee

$$O\left(\sqrt{\frac{\beta}{\mu}} \ln(1/\varepsilon)\right),$$

which is optimal within the first-order oracle model of computation [48].

It is natural to ask which other methods, aside from gradient descent, can be “accelerated”. For example, one may wish to accelerate coordinate descent or so-called variance reduced methods for finite sum problems; I will comment on the latter problem class shortly.

One appealing strategy relies on the proximal point method. Güler in [35] showed that the proximal point method itself can be equipped with inertial steps leading to improved convergence guarantees. Building on this work, Lin, Mairal, and Harchaoui [43] explained how to derive the *total* complexity guarantees for an inexact accelerated proximal point method that take into account the cost of applying an arbitrary linearly convergent algorithm  $\mathcal{M}$  to the subproblems. Their *Catalyst acceleration* framework is summarized in Algorithm 2.

To state the guarantees of this method, suppose that  $\mathcal{M}$  converges on the proximal subproblem in function value at a linear rate  $1 - \tau \in (0, 1)$ . Then a simple termination policy on the subproblems (5.1) yields an algorithm with overall complexity

$$\tilde{O}\left(\frac{\sqrt{\mu + \kappa}}{\tau\sqrt{\mu}} \ln(1/\varepsilon)\right). \quad (5.2)$$

### Algorithm 2: Catalyst Acceleration

**Data:**  $x_0 \in \mathbb{R}^d$ ,  $\kappa > 0$ , algorithm  $\mathcal{M}$   
 Set  $q = \mu/(\mu + \kappa)$ ,  $\alpha_0 = \sqrt{q}$ , and  $y_0 = x_0$ ;  
**for**  $t=0, \dots, T$  **do**

Use  $\mathcal{M}$  to approximately solve:

$$x_t \approx \operatorname{argmin}_{x \in \mathbb{R}^d} \left\{ F(x) + \frac{\kappa}{2} \|x - y_{t-1}\|^2 \right\}. \quad (5.1)$$

Compute  $\alpha_t \in (0, 1)$  from the equation

$$\alpha_t^2 = (1 - \alpha_t)\alpha_{t-1}^2 + q\alpha_t.$$

Compute:

$$\beta_t = \frac{\alpha_{t-1}(1 - \alpha_{t-1})}{\alpha_{t-1}^2 + \alpha_t},$$

$$y_t = x_t + \beta_t(x_t - x_{t-1}).$$

**end**

That is, the expression (5.2) describes the maximal number of iterations of  $\mathcal{M}$  used by Algorithm 2 until it finds a point  $x$  satisfying  $f(x) - \inf f \leq \varepsilon$ . Typically  $\tau$  depends on  $\kappa$ ; therefore the best choice of  $\kappa$  is the one that minimizes the ratio  $\frac{\sqrt{\mu + \kappa}}{\tau\sqrt{\mu}}$ .

The main motivation for the Catalyst framework, and its most potent application, is the regularized Empirical Risk Minimization (ERM) problem:

$$\min_{x \in \mathbb{R}^d} f(x) := \frac{1}{m} \sum_{i=1}^m f_i(x) + g(x).$$

Such large-finite sum problems are ubiquitous in machine learning and high-dimensional statistics, where each function  $f_i$  typically models a misfit between predicted and observed data while  $g$  promotes some low dimensional structure on  $x$ , such as sparsity or low-rank.

Assume that  $f$  is  $\mu$ -strongly convex and each individual  $f_i$  is  $C^1$ -smooth with  $\beta$ -Lipschitz gradient. Since  $m$  is assumed to be huge, the complexity of numerical methods is best measured in terms of the total number of individual gradient evaluations  $\nabla f_i$ . In particular, fast gradient

methods have the worst-case complexity

$$O\left(m\sqrt{\frac{\beta}{\mu}}\ln(1/\varepsilon)\right),$$

since each iteration requires evaluation of all the individual gradients  $\{\nabla f_i(x)\}_{i=1}^m$ . Variance reduced algorithms, such as SAG [60], SAGA [24], SDCA [61], SMART [20], SVRG [37, 67], FINITO [25], and MISO [43, 45], aim to improve the dependence on  $m$ . In their raw form, all of these methods exhibit a similar complexity

$$O\left(\left(m + \frac{\beta}{\mu}\right)\ln(1/\varepsilon)\right),$$

in expectation, and differ only in storage requirements and in whether one needs to know explicitly the strong convexity constant.

It was a long standing open question to determine if the dependence on  $\beta/\mu$  can be improved. This is not quite possible in full generality, and instead one should expect a rate of the form

$$O\left(\left(m + \sqrt{m\frac{\beta}{\mu}}\right)\ln(1/\varepsilon)\right).$$

Indeed, such a rate would be optimal in an appropriate oracle model of complexity [2, 4, 40, 65]. Thus acceleration for ERM problems is only beneficial in the setting  $m < \beta/\mu$ .

Early examples for specific algorithms are the accelerated SDCA [62], APPA [33], and RPDG [40].<sup>3</sup> The accelerated SDCA and APPA, in particular, use a specialized proximal-point construction.<sup>4</sup> Catalyst generic acceleration allows to accelerate all of the variance reduced methods above in a single conceptually transparent framework. It is worth noting that the first direct accelerated variance reduced methods for ERM problems were recently proposed in [3, 23].

In contrast to the convex setting, the role of inertia for nonconvex problems is not nearly as well understood. In particular, gradient descent

<sup>3</sup>Here, I am ignoring logarithmic terms in the convergence rate.

<sup>4</sup>The accelerated SDCA was the motivation for the Catalyst framework, while APPA appeared concurrently with Catalyst.

is black-box optimal for  $C^1$ -smooth nonconvex minimization [15], and therefore inertia can not help in the worst case. On the other hand, the recent paper [14] presents a first-order method for minimizing  $C^2$  and  $C^3$  smooth functions that is provably faster than gradient descent. At its core, their algorithm also combines inertia with the proximal point method. For a partial extension of the Catalyst framework to weakly convex problems, see [54].

## 6 Conclusion

The proximal point method has long been ingrained in the foundations of optimization. Recent progress in large scale computing has shown that the proximal point method is not only conceptual, but can guide methodology. Though direct methods are usually preferable, proximally guided algorithms can be equally effective and often lead to more easily interpretable numerical methods. In this article, I outlined three examples of this viewpoint, where the proximal-point method guides both the design and analysis of numerical methods.

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